



## COMMUNITY BENEFIT DONATION GUIDELINES

### Introduction

Providence Health Care is a Catholic, not-for-profit ministry whose Mission is to reveal God's love for all, especially the poor and vulnerable, through our compassionate service. Improving the health of our communities is essential to fulfilling this Mission. This application process is competitive for limited available dollars.

Collaboration is vital to ensure the success of our efforts. This is why we partner with community not-for-profit organizations in our endeavors. We focus our funding efforts on those who share in our Mission and who actively engage in partnerships with us.

### Eligibility requirements

Applicants are eligible if they are a 501(c)3 community organization and other not for profit or government entities. Special consideration is given to programs directly serving the poor and vulnerable in our communities consistent with our Community Needs Assessments, especially in the following areas:

- **SPOKANE:**
  - **Mental health**
    - **Substance abuse both causes mental illness and is a result of mental illness.**
    - **Access to services for dementia patients and the isolation associated.**
    - **Adverse childhood experiences.**
    - **Child abuse and child welfare.**
    - **Access to care including medication, treatment, both inpatient and outpatient.**
  - **Dental**
    - **Access issues with not enough providers who take low income patients, as well as costs and resources available.**
    - **Education around prevention needed.**
    - **By addressing substance abuse we can address some of the dental issues.**
    - **Often there is a mental health component to the dental issues.**
    - **Better nutrition will help with better dental outcomes.**
  - **Diabetes**
    - **Healthy weights can lead to better prevention efforts.**
    - **Costs are a barrier around healthy foods, supplies, equipment and medication.**
    - **Treatment is an issue along with medication management.**
  - **Immunizations**
    - **Education to the health benefits of immunizations**
    - **Access in rural and low income neighborhoods**
  - **Stable housing**
    - **Stability of the family and home to aid in physical, mental and emotional health and healing**

These are the population health measures we are attempting to address:

<b>Prioritized need</b>	<b>Spokane County measures as of 2015</b>
<b>Mental health</b>	<ul style="list-style-type: none"><li>▪ Nearly 11 percent of adults self-report poor mental health</li><li>▪ 28.5 percent of youth suffer from depression</li><li>▪ 48 children out of every 100,000 are victims of child abuse</li></ul>
<b>Diabetes</b>	<ul style="list-style-type: none"><li>▪ One quarter of youth and adults are overweight</li><li>▪ 10 percent of adults have diabetes</li><li>▪ 55 percent of surveyed adults are regularly physically active</li></ul>
<b>Dental</b>	<ul style="list-style-type: none"><li>▪ Nearly 30 percent of those surveyed do not receive regular dental check-ups</li></ul>
<b>Immunizations</b>	<ul style="list-style-type: none"><li>▪ Only 40 percent of preschoolers receive on-time immunizations</li><li>▪ More than 6 percent of school-age children have vaccine exemptions</li></ul>
<b>Stable housing</b>	<ul style="list-style-type: none"><li>▪ In 2014, Spokane County had 1,149 people who were homeless, including 146 families with children</li></ul>

- **STEVENS**
  - **Early childhood support**
    - **Minimize adverse childhood experiences and break the cycle that continues by not addressing these experiences**
      - **Parenting skills**
      - **Whole family care**
    - **Emphasize the importance of education and early childhood learning.**
    - **Increase the acceptance and knowledge around breastfeeding and lactation.**
    - **Decrease the rates of maternal smoking.**
  - **Basic food/nutrition**
    - **Create more access to fresh fruits and vegetables through both availability and costs.**
    - **Education on how to prepare healthy food and the importance of nutrition.**
    - **Increase diabetes education.**
  - **Behavioral health**
    - **Increase access to mental health and substance abuse services.**
    - **Address the rates of child abuse that stem from mental health and substance abuse issues.**
  - **Access to care**
    - **Increase the available workforce and interest in the health care sector.**
    - **Address the issues around infrastructure that prevent rural communities having access to various modes of care:**
      - **Emergency transport service**
      - **Connectivity (broadband)**
    - **Increase the access to specialty care.**

These are the population health measures we are attempting to address:

Prioritized need	Stevens County measures as of 2016
<b>Early childhood support</b>	<ul style="list-style-type: none"><li>• 28 percent of children live in poverty<sup>1</sup></li><li>• 81 percent of expecting mothers receive prenatal care in the first trimester</li><li>• 25 percent of expecting mothers smoke</li><li>• 5 percent of babies born have a low birth weight</li><li>• 4.8 infants for every 1,000 population in the county will die</li></ul>
<b>Basic foods/nutrition</b>	<ul style="list-style-type: none"><li>• 21 percent of adult eat five or more fruit/vegetables per day</li><li>• 7 percent of adults have diabetes</li><li>• 26 percent of adults are obese</li><li>• 24 percent of youth are overweight</li><li>• 71 percent of adults get some form of physical activity</li></ul>
<b>Behavioral health</b>	<ul style="list-style-type: none"><li>• 15 percent of adults report poor mental health in the past month</li><li>• 28 percent of teens report feelings of sadness or hopelessness</li><li>• 18 percent of adults drink five or more alcoholic beverages in one sitting</li><li>• 35 percent of teens use alcohol</li></ul>
<b>Access to care</b>	<ul style="list-style-type: none"><li>• 61 percent of residents get a regular dental check up</li><li>• 22.1 percent of adults are uninsured</li><li>• 78 percent of adults have a personal health care provider</li><li>• 59 percent of adults get an annual breast screening exam</li></ul>

## What we fund

Programs or projects must exemplify our Mission and Core Values of Respect, Justice, Compassion, Excellence, and Stewardship within the limited dollars available.

Providence Health Care and/or its ministries will fund a variety of program costs including personnel expenses, operating expenses, research, one-time events, start-up costs, etc., depending on the individual need and goal of the programs applying for funding. Funding duration will also be decided on an individual basis and contingent upon PHC available funds.

### Funding restrictions

Providence Health Care does not fund:

- Marketing programs aimed at increasing market share for individual organizations
- Scholarships or grants to individuals
- Projects whose primary purpose is political
- Programs that discriminate based on race, sex, national origin, or religion
- Projects that are in conflict with our Mission
- Administrative expenses not directly related to the funded project
- Sponsorship of fundraising events.

## Procedures for donations

- Complete Funding Request Form
- Funding Request Form must be received no later than September 30<sup>th</sup> for the next year consideration
  - Requests for immediate need will be considered on an as needed basis.

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<sup>1</sup> County Health Rankings website all other data provided by Eastern Washington University Department of Public Policy and Economic Analysis.

Should your program/project be further considered for funding, your organization may be contacted to present additional information in person to Providence Health Care and/or its ministries.

Should your funding request be denied, you will be notified via mail.

### **Expectations if you receive a donation**

As part of the funding terms, Providence Health Care and its ministries require the following commitment from recipients:

- Annual report on the program/project to be submitted no later than three months following the end of the funded year.
- Completion of annual Providence Health Care evaluation including measurements and report of outcomes.
- Acknowledgement of Providence Health Care and/or its ministries in public information about the program/project. Providence Health Care and/or its ministries may promote your program/project in its communications (Annual Report to the Community, Web site, newsletter, etc.)
- Contact Community Benefit Manager for alternative/extended uses if unable to fulfill original request parameters