

Name: _____ Today's Date: _____

Date of Birth: _____ Age: _____ Height: _____ Weight: _____

PCP: _____ Who Referred: _____

If not referred, how did you choose this office? _____

Why are you seeing the doctor today? _____

Please list major complaint(s) and describe their onset (i.e., lower back pain began in May 2012 after lifting):

Are you having any? Numbness Weakness Loss of bowel or bladder control

Where? _____
Where? _____

What makes your symptoms better (please circle all that apply): Nothing, rest, changing position, standing, sitting, walking, running, kneeling, bending, twisting.

What worsens your symptoms (please circle all that apply): Nothing, rest, changing position, standing, sitting, walking, running, kneeling, bending, twisting.

Is this visit related to an injury? Yes No On the job? Yes No

If so, date of injury: _____ Date of last employment: _____

Do you have any open worker's compensation claims of any kind? Yes No

Do you have a lawsuit pending? Yes No

Please circle the description which applies to your intensity of pain: Stable, unchanged, gradually worsening, rapidly worsening, gradually improving, rapidly improving, completely resolved.

How long has the problem been present? _____ Day(s), _____ Week(s), _____ Month(s), _____ Year(s)

What started the pain/problem? _____

Quality of the pain (mark up to four): Sharp Shooting Crushing Tight Band
 Numbing Pulsating Aching
 Tingling Dull Throbbing

How severe is the pain at the location described above? No Pain Mild Moderate Severe

Is the pain (check all that apply)? Rare Infrequent Occasional Intermittent
 Daily Continuous Weekly Monthly

What treatments have you tried for this problem?

- | | | | |
|---|-------------------------------------|---|--|
| <input type="checkbox"/> Physical Therapy | <input type="checkbox"/> TENS units | <input type="checkbox"/> Narcotic Medications | <input type="checkbox"/> Muscle Relaxers |
| <input type="checkbox"/> Massage | <input type="checkbox"/> Traction | <input type="checkbox"/> Anti-inflammatories | <input type="checkbox"/> Orthotics |
| <input type="checkbox"/> Chiropractor | <input type="checkbox"/> Surgery | <input type="checkbox"/> Steroid injections | <input type="checkbox"/> Braces |
| <input type="checkbox"/> Other: _____ | | | |

Previous physicians seen for this problem?

Physician	Specialty	City	Treatment

PAST MEDICAL HISTORY: Check all that apply None Apply

- | | | | |
|--|---|--|---|
| <input type="checkbox"/> Abnormal heartbeat | <input type="checkbox"/> Cirrhosis | <input type="checkbox"/> High blood pressure | Neuropathy: <input type="checkbox"/> Hands
<input type="checkbox"/> Feet |
| <input type="checkbox"/> ADHD | <input type="checkbox"/> Depression | <input type="checkbox"/> High cholesterol | <input type="checkbox"/> Poor circulation |
| <input type="checkbox"/> Anemia | <input type="checkbox"/> Down syndrome | <input type="checkbox"/> HIV/AIDS | <input type="checkbox"/> Seizure |
| <input type="checkbox"/> Anxiety | <input type="checkbox"/> Emphysema | <input type="checkbox"/> Kidney failure | <input type="checkbox"/> Spina bifida |
| <input type="checkbox"/> Asthma | <input type="checkbox"/> Gastric reflux | <input type="checkbox"/> Kidney stones | <input type="checkbox"/> Stomach ulcers |
| <input type="checkbox"/> Bleeding disorder | <input type="checkbox"/> Gout | <input type="checkbox"/> Migraine | <input type="checkbox"/> Stroke |
| <input type="checkbox"/> Blood clots in leg | <input type="checkbox"/> Heart attack | <input type="checkbox"/> Multiple Sclerosis (MS) | <input type="checkbox"/> Thyroid |
| <input type="checkbox"/> Blood clots in lung | <input type="checkbox"/> Heart failure | <input type="checkbox"/> Neurofibromatosis | <input type="checkbox"/> Tuberculosis |
| <input type="checkbox"/> Cerebral palsy | <input type="checkbox"/> Hepatitis B or C | <input type="checkbox"/> Osteoporosis | <input type="checkbox"/> Fibromyalgia |
| <input type="checkbox"/> Osteoarthritis | <input type="checkbox"/> Rheumatoid arthritis | <input type="checkbox"/> Other Rheumatological Disease | |

Cancer: _____ (type/treatment)

Diabetes: If yes, when was it diagnosed? _____

Currently controlled with: insulin oral medications diet

Other : _____

PAST SURGICAL HISTORY: No prior surgery

Operation	Date	Surgeon/Hospital

Have you ever had general anesthesia? Yes No

If yes, have you had any problems related to this? Yes No

Explain any problems with general anesthesia: _____

SOCIAL HISTORY: Work status

Working Homemaker Unemployed Disabled On leave Retired Student

Occupation: _____

Education: _____

Marital status: Single Married Divorced Widowed

Children: No Yes, how many? _____

Do you live alone? Yes No If no, who lives with you? _____

Are you currently smoking? Yes No If yes, how many pack/day? _____ And for how many years? _____

Have you previously quit smoking? If so, when did you quit? _____ How many years did you smoke? _____

How many packs a day did you previously smoke? _____ Other forms of tobacco used? _____

Alcohol use: Never Rare Social Frequently (more than twice a week)
 Alcoholic Recovering alcoholic

Illegal drug use: Never In the past Currently Types of drugs? _____

Sexually active: Yes No

FAMILY HISTORY: Please fill in the illness information below with the options listed:

- | | | | |
|-------------------|----------------|---------------------|-------------------------------|
| Alcoholism | Cancer | High blood pressure | Other Rheumatological Disease |
| Arthritis | Diabetes | Kidney problems | Seizure |
| Bleeding problems | Gout | Lung problems | Stroke |
| Blood clots | Heart problems | Mental Illness | |

Other: _____

FAMILY MEMBER	ILLNESS	AGE	IF DECEASED, AGE AT DEATH AND CAUSE
Father			
Mother			
Brother(s)			
Sisters			
Children			
Paternal Grandfather			
Paternal Grandmother			
Maternal Grandfather			
Maternal Grandmother			
Paternal Uncle			
Paternal Aunt			
Maternal Uncle			
Maternal Aunt			

Family History Unknown

Adopted

REVIEW OF SYMPTOMS (past 72 hours):

COMPLETE THE NEXT TWO PAGES BY CIRCLING ISSUES THAT YOU HAVE HAD AND USE THE BLANKS TO FILL IN
ADDITIONAL INFORMATION

EXAMPLE. Eye problems Cataracts

GENERAL

Fevers	_____	Anemia	_____
Night sweats	_____	Fatigue	_____
Weight change	Gained _____	Lost _____	

EYES

Eye problems	_____	Eye injury	_____
Impaired sight	_____	Double vision	_____
Eye glasses/contacts	_____	Transient blindness	_____

EARS/NOSE THROAT/MOUTH

Change sense taste/smell	_____	Voice change	_____
Hearing difficulty	_____	Difficulty swallowing	_____
Ringing in ears	_____	Snoring	_____
Drainage from ears	_____	Sleep apnea/CPAP	_____
Ear injury	_____	Sinus trouble	_____
Dizziness	_____	Dental work	_____

NEUROLOGICAL

Numbness/pain of arms	_____	Stroke	_____
Numbness/pain of legs	_____	Fainting spells	_____
Awake with numbness/pain	_____	Loss of consciousness	_____
Weakness	_____	Tremor/shaking	_____
Muscle aching	_____	Seizures	_____
Coordination difficulty	_____	Headaches	_____
Change in walk	_____	Migraine	_____
Head injury	_____	Memory loss	_____
Neck injury	_____	Speech difficulty	_____
Back injury	_____	Confusion	_____
Pain in neck	_____	Numbness of face	_____
Pain in back	_____		

PSYCHIATRIC

Depression	_____	Anxiety	_____
Difficulty sleeping	_____	Bipolar disorder	_____

HEART/CARDIOVASULAR

Heart attack _____
Heart murmur _____
Fluttering heart _____
Shortness of breath _____
Cough _____
Tuberculosis _____

Chest pain _____
Swelling ankles _____
Bloody coughing _____
Asthma _____
COPD/Emphysema _____

GASTROINTESTINAL

Bowel disease _____
Nausea/vomiting _____
Rectal bleeding/hemorrhoids _____
Constipation _____

Fecal/stool incontinence _____
Liver/gallbladder disease _____
Abdominal pain _____

REPRODUCTIVE/BLADDER/KIDNEY DISEASE

Frequent urination _____
Painful/difficult urination _____
Urinary incontinence _____
Bladder problems _____

Impotence _____
Irregular period _____
Vaginal discharge _____

ENDOCRINE

Diabetes _____
Thyroid disease _____

Osteoporosis/Osteopenia _____
Drainage from breasts _____

SKIN

Lump in breasts _____
Skin disease or skin changes _____

Rash/Itch _____

HEMATOLOGIC/BLOOD DISORDERS

Enlarged lymph nodes _____
Ease or unusual bleeding _____

Cancer _____

RHEUMATOLOGIC/JOINT

Joint pain/arthritis _____
Other Rheumatological Disease _____

Rheumatoid arthritis _____

Other Disease or Diagnosis _____

PAIN DIAGRAM

On the diagram below, please indicate where you are experiencing pain or other symptoms.

Use the following to describe your symptoms:

A = Ache

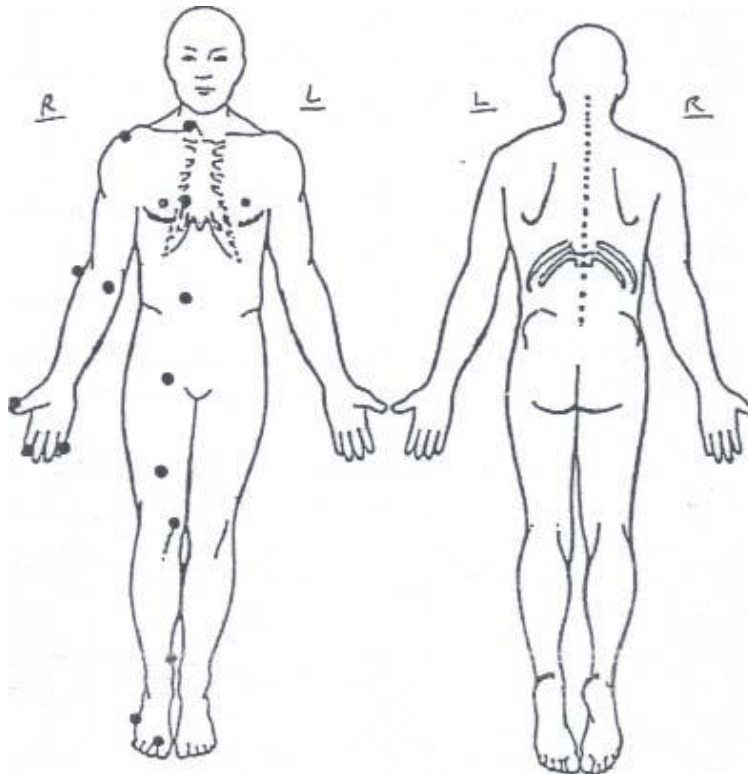
B = Burning

N = Numbness

P = Pins & Needles

S = Stabbing

O = Other



Please rate your usual level of pain on the following scale (circle one):

(no pain) 0 1 2 3 4 5 6 7 8 9 10 (worst imaginable pain)

Patient's signature: _____ Provider signature: _____

Date: _____ Date: _____