Inside Out: The Original Organ Show

Providence Regional Medical Center is excited to share this innovative health education program with students. Inside Out: The Original Organ Show provides students with compelling health information presented in a truly unique way. It is intended to inform students about behavior and lifestyle choices that impact their long-term health. Inside Out: The Original Organ Show takes viewers on a fantastic voyage through the human body using human organs such as a heart, lungs, and brain. Throughout the presentation, students have the opportunity to learn about the impact on the human body from lifestyle choices and substances such as alcohol, drugs, and tobacco. This educational program aims to encourage students to make healthy lifestyle choices.

For more information or to schedule an Inside Out presentation visit: www.washington.providence.org/inside-out-the-original-organ-show

Questions: injury.prevention@providence.org

Internet resources for topics covered in this education program:

- Center for Disease Control youth smoking, tobacco and E-cigarette facts: https://www.cdc.gov/tobacco/data_statistics/fact_sheets/youth_data/tobacco_use/index.htm

- Start Talking Now underage alcohol, marijuana and drugs: https://www.starttalkingnow.org/

- National Institute on Drug Abuse for Teens: https://teens.drugabuse.gov/

- Teen Link, for teens: www.866teenlink.org