

STANDING TOGETHER

A Grief Support Group for Kids & Teens

Standing Together is a free grief support group for youth in grades K-12 facilitated by trained staff and volunteers of Providence Hospice of Snohomish County.

Meetings are held on the 2nd Saturday of each month, October-June, from 12-2pm. Pizza lunch is provided.

2017-18 School Year Dates
October 14, November 11,
December 9, January 13,
February 10, March 10,
April 14, May 12, June 9

First Presbyterian Church
2936 Rockefeller Avenue
Everett, WA 98201

For more information & to receive an application, please contact us:

Janette du Monceaux, LMSW
Grief Support Services:
Pediatric Specialist
(425) 261-4844



After the death of someone important in a child or teen's life, it can be a bewildering time. We have heard from many youth that they felt alone and that their peers didn't "get it."

Standing Together exists in order to bring grieving youth together in a safe, supportive, and fun environment. At Standing Together kids and teens meet together in small groups with others their own age. They have opportunities to share, engage in creative expression activities, and learn that they truly aren't alone.

When asked about Standing Together, kids & teens shared:

"The best part about Standing Together is knowing there are other kids out there like me."

"What I want other teens to know about Standing Together is that it's not a place you go to because something is wrong with you—it's a place you go to be safe and understood."

"I learned it's okay to talk about your loved one."

At Standing Together we realize that children are also part of larger systems that are impacted by loss, too. Parents and guardians at times struggle with how to recognize grief reactions in youth or how support a grieving child. For this reason there is a concurrent family meeting that runs while the youth meet in their small groups.

When asked about Standing Together, adults shared:

"The most helpful part of the parent group for me was hearing how other kids do and don't show their emotions. Also, it's been the one place people ask how I feel about the loss."

"Although it can be challenging to walk through the door—the experience of connecting with others is healing."